



## Smoothies

	16oz	24oz	32oz
<b>1 Strawberry Wave</b>	3.62	4.20	5.35
<i>Strawberry juice blend, non-fat yogurt, banana &amp; strawberries</i>			
<b>2 Seabreeze Squeeze</b>	3.85	4.43	5.58
<i>Cranberry / Apple blend, non-fat yogurt, orange sherbert, banana, raspberries &amp; strawberries</i>			
<b>3 Passion Punch</b>	3.85	4.43	5.58
<i>Passion Juice blend, non-fat yogurt, orange sherbert banana, peaches &amp; strawberries</i>			
<b>4 Raspberry Craze</b>	3.85	4.43	5.58
<i>Cranberry/raspberry blend, raspberry sherbert, banana, raspberries &amp; strawberries</i>			
<b>5 Orange Berry Tickler</b>	3.85	4.43	5.58
<i>Orange juice, non-fat yogurt, banana &amp; strawberries</i>			
<b>6 Tropical Tango</b>	3.85	4.43	5.58
<i>Orange/Papaya blend, non-fat yogurt, orange sherbert, banana &amp; strawberries</i>			
<b>7 Pina Coolada</b>	3.85	4.43	5.58
<i>Pineapple juice blend, non-fat yogurt, banana, pineapple &amp; coconut</i>			
<b>8 Banana-Rama</b>	3.62	4.20	5.35
<i>Apple juice blend, non-fat milk, non-fat yogurt &amp; banana</i>			
<b>9 Mango Mania</b>	3.62	4.20	5.35
<i>Mango juice blend, non-fat yogurt, banana peaches &amp; strawberries</i>			
<b>10 Melon Madness</b>	3.62	4.20	5.35
<i>Watermelon juice blend, non-fat yogurt, banana &amp; strawberries</i>			
<b>11 Just Peachy</b>	3.62	4.20	5.35
<i>Peach juice blend, non-fat yogurt, banana &amp; peaches</i>			
<b>12 Lava Flow</b>	3.85	4.43	5.58
<i>Exotic juice blend, non-fat yogurt, banana, strawberries, pineapple &amp; coconut</i>			
<b>13 Orange Blitz</b>	3.85	4.43	5.58
<i>Orange juice, non-fat yogurt, orange sherbert, banana &amp; blueberries</i>			
<b>14 Carrot Patch</b>	3.97	4.54	5.69
<i>Fresh squeezed carrot juice, non-fat yogurt &amp; bananas</i>			
<b>15 Congo Lime</b>	3.85	4.43	5.58
<i>Pineapple juice blend, lime sherbert &amp; peaches</i>			
<b>16 Big Berry Combo</b>	3.85	4.43	5.58
<i>Apple juice blend, non-fat yogurt, raspberry sherbert, blueberries &amp; bananas</i>			

**17 Razzle Dazzle** 3.85 4.43 5.58  
*Raspberry juice blend, non-fat yogurt, strawberries & bananas*

**18 Sunrise Splash** 3.85 4.43 5.58  
*Orange juice, non-fat yogurt, orange sherbert, peaches & bananas*

**19 Papaya Passion** 3.62 4.20 5.35  
*Papaya juice blend, non-fat yogurt, peaches & bananas*

**20 Jumpin' Java** 3.74 4.31 5.46  
*Non-fat milk, non-fat yogurt & our own Juice it Up! Java Blend*

**21 Herbal Cocoa** 3.74 4.31 5.46  
*Your choice of herbal infused cocoa with a hint of coffee or the popular natural flavor of raspberry, blended with non-fat yogurt*

**22 Chai Tea** 3.74 4.31 5.46  
*Your choice of richly spiced or vanilla Chai Tea, non-fat yogurt & bananas*

## Power Shakes

**30 Power Pro** 5.18 6.33  
*Your choice of protein powder, juice & fruit*

**31 Protein Blast** 4.89 6.04  
*Cranberry/orange juice blend, non-fat yogurt, orange sherbert, strawberries, blueberries, raspberries & protein powder*

**32 The Zone** 4.89 6.04  
*A blend of non-fat yogurt, banana, peanut butter, peanuts & protein powder*

## Brazilian Blends

	24oz	32oz
<b>40 The Ultimate Acai</b>	5.69	6.84
<i>Organic Acai, fresh from the Amazon with Guarana, bananas &amp; apple/strawberry blend</i>		

**41 Super C Cherry** 4.89 6.04  
*Amazon cherry blended with orange/pineapple juice blend, non-fat yogurt & peaches*

**42 Acai Energy Bowl (16oz)** 5.69  
*Organic Acai, Guarana, bananas & apple juice blend. Topped with sliced banana & organic omega-3 granola*

## Juices

	16oz	24oz
<b>50 Orange</b>	2.88	3.74
<b>51 Carrott</b>	2.88	3.74
<b>52 Apple</b>	2.88	3.74